

# Kayti Protos, MSW, LCSW

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## Education

**Doctoral Candidate in Social Work, Rutgers, the State University of New Jersey** **2018-2021**  
Pursuing the Doctorate of Social Work degree; Research focus on the intersection of gender dysphoria, traumatic experiences and eating disorders in transgender and gender expansive clients

**M.S.W., Tennessee State University (Middle Tennessee Collaborative MSW Program)** **2010-2013**  
Masters in Social Work, Cumulative GPA: 4.00; Internships at Cumberland Heights, Integrative Life Center, and Eating Disorders Anonymous; focus of research: eating disorders, trauma, and co-occurring conditions

**B.A. Vanderbilt University** **2002-2006**  
Women's & Gender Studies (honors) and Communication Studies, magna cum laude; Cumulative GPA: 3.615  
Senior honors thesis: "Misinterpretation, ambivalence and the importance of communication: A rhetorical analysis of the movement to end violence against women"

## Professional Experience

**Part-Time Lecturer, School of Social Work - Online & Intensive Weekend MSW Programs, Rutgers University SSW** **Spring 2020-present**

- Teach within the Online MSW at the Rutgers School of Social Work, including preparing and facilitating course materials and delivery, engaging with students, grading, and all other requirements necessary as a lecturer
- Manage the online course through the Canvas Learning System, including video announcements, discussion boards, and interactive activities to simulate in-class group projects
- Courses include: CSW 523: Working with Survivors of Abuse and Trauma (Spring 2020 online, Fall 2020 online, Spring 2021 online); HBSE: Violence and Abuse in Adulthood (Summer 2020 online); CAD 507: Clinical Assessment & Diagnosis (Fall 2020, IW)

**Adjunct Faculty, Graduate Program in Counseling Psychology, Holy Family University** **2017-present**

- Teach within the Graduate Program in Counseling Psychology courses, including preparing and facilitating course materials and delivery, engaging with students, grading, and all other requirements necessary as a lecturer
- Develop and teach "COUN 557: Human Sexuality" in Summer 2017, Spring 2018, 2019, & 2020, & Summer 2020 (all online)
- Develop and teach "COUN 536: Special topic in counseling psychology: Trauma: Biology, principles & treatment" in Fall 2017, Fall 2018, & Summer 2020 (online)
- Develop and teach "COUN 507: Counseling Multicultural & Diverse Populations" in Fall 2019, Spring 2020, Spring 2021 (OL)
- Complete required trainings for faculty, including Title IX certification and Quality Matters "Designing your own course"

**Clinical Coordinator, Bucks LGBTQ Center/Bucks Eating Support Collaborative/Bucks Support Services** **2016-present**

- Provide clinical support and supervision to staff therapists in Bucks LGBTQ Center, Bucks Eating Support Collaborative and Bucks Recovery Center, the three specialized groups within Bucks Support Services
- Conduct individual, family and group therapy for clients in private practice setting, including documentation & scheduling
- Facilitate workshops as needed on-site and in the community on the topics of: body image; creating a safe space for LGBTQ+ clients; addiction recovery; eating disorders in non-binary clients; body dysphoria; and creative approaches to clinical sessions
- Assist in development and growth of center, including referral relations, professional networking and conference attendance; co-founded the Bucks LGBTQ Center in August 2016 and Bucks Recovery Center in March 2017
- Coordinate online presence through professional social media outlets and website development, assist with marketing efforts

**Clinician, Steps to Recovery** **Partial and Intensive Outpatient treatment** **2014-2016**

- Conduct individual therapy sessions for caseload of 12-16 clients, specialized attention to co-occurring eating disorder, trauma, anxiety, depression, and behavior-based addictions; creative therapy techniques and containment of ED, PTSD, or other symptoms
- Facilitate process and psycho-educational groups, focusing on 12-step program, chemical dependency, and co-occurring disorders, trauma responses, body image, relapse prevention, communication, and life skill development
- Assist in development and growth of Phase Two program (IOP & OP), including clinical supervision of staff and interns
- Conduct biopsychosocial interviews and initial clinical assessments; conduct EAT-26 as needed
- Develop individualized treatment plans for IOP and OP clients; complete discharge summaries after patient completes program
- Facilitate trauma screening group, including administration of PTSI and explanation of trauma therapy techniques
- Facilitate family therapy sessions as requested, focusing on coordination of care, ACOA characteristics and core issues
- Maintain professional relationships with referents and other members of the treatment team
- Conduct trainings for StR employees around trauma-informed care, integrating eating disorder treatment methods into addiction treatment and identification of co-occurring symptoms, and working with LGBTQQIA clients
- Serve on Professionals Day Committee and Voices for Equality committee (representing marginalized voices)

2015-2016

**Clinician, Eating Disorder Recovery Specialists**

- Engage in meal support & recovery coaching with clients with eating disorders through in-home or restaurant-based settings
- Assist family members with obtaining FBT goals through recovery support and clinical coaching

2013-2014

**Clinical Coordinator & Counselor, Young Men's Program, Cumberland Heights, Residential treatment**

- Facilitate primary group four times weekly, focusing on 12-step program, chemical dependency, and co-occurring disorders
- Coordinate staff members of the Young Men's Program, including scheduling, delegating responsibilities, and patient care
- Conduct biopsychosocial interviews and assist in creating treatment plans tailored to individual patient needs; complete discharge summaries after patient completes program
- Conduct individual therapy sessions and family sessions with patients, specialized attention to those with co-occurring including eating disorders and trauma; opportunity for 1:1 creative therapy sessions and containment of ED or PTSD-oriented symptoms
- Facilitate trauma screening group, including administration of PTSI and explanation of trauma therapy techniques
- Facilitate family therapy sessions focusing on coordination of care, as well as addressing ACOA characteristics and family roles
- Maintain professional relationships with referents and other members of the treatment team
- Coordinate program development through program assessment and outcome studies to track progress of the Young Men's Program; maintain data on patients and represent data to Executive Team as needed; facilitate connections with outside providers and potential referral sources with assistance from Business Development
- Supervise interns as assigned by Men's Program
- Participate in daily staffing meetings, weekly treatment plan review, and other functions as needed by team, including maintaining clinical documentation and protecting confidentiality according to HIPAA and CFR 42

2012-2013

**Case Manager, Young Men's Program, Cumberland Heights, Residential treatment**

- Utilization review with managed care organizations for 12-16 patients, chemical dependency and co-occurring disorders
- Develop and collaborate on continuing care planning for patients in detox and residential treatment levels of care; coordinate with outside providers; individual sessions with patients to continuing care plan work
- Facilitate educational, therapeutic, and 12-step groups as needed: life skills, communications, boundaries, families of origin, etc.
- Conduct biopsychosocial interviews and assist in creating treatment plans tailored to individual patient needs
- Conduct individual therapy sessions and family sessions with patients, specialized attention to those with co-occurring including eating disorders and trauma; opportunity for 1:1 creative therapy sessions and containment of ED or PTSD-oriented symptoms
- Network with referral sources and provide weekly updates to outside providers as needed
- Participate in daily staffing meetings, weekly treatment plan review, and other functions as needed by the team, including maintaining clinical documentation and protecting confidentiality according to HIPAA and CFR 42
- Maintain database for program development for the Young Men's Program including data collection and analysis, proposal writing, and research into evidence-based practice for working with the emerging adult population
- Assist with other duties as needed, including: training new employees in case management and UR; sitting on the internal review committee for the Joint Commissions; participating on the Wellness Committee; and conducting PTSI assessments and trauma-informed groups

January-April 2013

**Graduate Intern, Integrative Life Center, Extended care program**

- Design, implement, and facilitate creative therapeutic workshops for women in the extended care program, including clients with eating disorders, self-injury, trauma, addiction, and other co-occurring disorders
- Design, implement, and facilitate weekly Eating Disorders Anonymous group open to the Nashville community

2009-2012

**Program Coordinator, Margaret Cuninggim Women's Center, Vanderbilt University**

- Provide case management services to students, faculty and staff impacted by power-based personal violence (PBPV), including crisis intervention; medical and legal support; academic assistance; emotional support; and resource referral; identify high-risk coping skills (addiction, eating disorder, self-harm) and safety plan around behaviors while connecting to longer-term care
- Provide technical support to peer institutions and departments around best-practices for PBPV response
- Staff the Project Safe Resource Referral and Support Line (24-hour support line)
- Coordinate Green Dot bystander intervention program and other prevention efforts around PBPV
- Participate in task force initiatives and other university committees related to PBPV prevention and wellness
- Create assessment strategies for prevention and response programs and services
- Administer the Domestic Violence Hardship Fund to assist Vanderbilt staff impacted by domestic violence

2006-2009

**Advocates Program Director, St. Lawrence University**

- Provide crisis support and direct advocacy services to survivors of sexual violence, including hospital and court accompaniment, medical and legal advocacy, academic assistance, and emotional support
- Coordinate volunteers, supervise, and staff the 24-hour crisis line
- Facilitate support group for survivors of sexual violence; support students struggling with co-occurring chemical dependency, eating disorders, and self-harm behaviors
- Write, manage and administer the AWARE Project grant and budget from the Department of Justice, Office on Violence Against Women
- Design, implement and facilitate trainings for sexual violence prevention (advocate training, peer education, men's program)
- Supervise Education & Outreach Coordinator (part-time professional staff) and two student workers

**Women's Advocate, YWCA Domestic Violence Center**

2005

## Conference Presentations and Invited Lectures

- “Understanding eating disorders and body dissatisfaction with gender diverse clients”** February 26, 2021  
Invited guest co-lecturer, Greater Philadelphia chapter of International Association of Eating Disorder Professionals, Zoom
- “Assisting clients with co-occurring eating disorders”** January 20, 2021  
Workshop facilitator for NASW-PA approved CE-event at Steps to Recovery, Virtual training on Zoom
- “Closing the education gap around working with persons experiencing homelessness”** November 20, 2020  
Accepted to co-present an interactive workshop, Social, Economic, and Environmental Justice Track, Council on Social Work Education Conference, online platform
- “Working with families of LGBTQ adolescents: Coming out, transition, and support”** October 26, 2020  
Co-presenter for 3-hour interactive ethics workshop, NASW-PA Conference, online platform
- “Understanding and working with gender diverse clients: A guide for cisgender allies”** October 22, 2020  
Invited guest lecture for Prof. Michael Garbe, Cultural Diversity Racism, Oppression & Privilege, Ramapo College of New Jersey
- “Eating disorders and body dissatisfaction ”** October 18, 2020  
Invited co-lecturer, Advancing Excellence in Transgender Health; Fenway Institute & Harvard Medical School, online platform
- “Navigating two specialty populations: Clients with LGBTQ+ identities and eating disorders”** September 24, 2020  
Invited guest lecture for Prof. James Andrews, Clinical Skills & Psychopathology, University of Pittsburgh-School of Social Work
- “Working with LGBTQ clients: Beyond the basics”** July 15, 2020  
Workshop facilitator for NASW-PA approved CE-event at Steps to Recovery, Levittown, PA
- “Navigating two specialty populations: Clients with LGBTQ+ identities and eating disorders”** July 9, 2020  
Invited guest lecture for Prof. James Andrews, Clinical Skills & Psychopathology, University of Pittsburgh-School of Social Work
- “Designing Groups in the Digital Environment”** April 2, 2020  
Workshop facilitator for NASW-PA approved online CE-event at Steps to Recovery, Levittown, PA
- “Understanding the opioid epidemic in rural counties: Stories from healthcare professionals on the front line”** Mar 4, 2020  
Invited panelist, Inter-professional Behavioral Healthcare Regional Summit: Opioids and Other Substance Use in Rural Communities; The University of Pittsburgh School of Social Work, Pittsburgh, PA
- “Understanding clients with eating disorder”** January 15, 2020  
Workshop facilitator for NASW-PA approved CE-event at Steps to Recovery, Levittown, PA
- “Eating disorders and body dissatisfaction”** November 3, 2019  
Invited lecturer, Advancing Excellence in Transgender Health sponsors: Fenway Institute & Harvard Medical School, Boston, MA
- “Restricting the gendered body: Understanding the trans-masculine adolescent with anorexia”** October 27 2019  
Presenter of interactive workshop, LGBTQIA+ and Two-Spirit Track, Council on Social Work Education Conference, Denver, CO
- “Becoming a safe space for LGBTQ+ clients”** October 11, 2019  
Co-presenter for interactive training with Professional Psychology Services, Philadelphia, PA
- “Becoming a safe space for LGBTQ+ clients”** September 24, 2019  
Presenter for NASW-PA Conference, Poconos, PA
- “Social work roles in higher education: Faculty, administration, and community partnership”** September 23, 2019  
Co-presenter for NASW-PA and PASWE Conference, Poconos, PA
- “Queering the Body: Body Image and Gender Expansive Adolescents and Young Adults”** July 25, 2019  
Co-presenter for Philadelphia Trans Wellness Conference, Philadelphia, PA
- “Queering recovery: Substance use & eating disorder recovery in transgender & gender expansive young adults”** June 2019  
Presenter for Innovations in Behavioral Health Conference, Nashville, TN
- “Eating disorders: Indications and treatment approaches”** May 15, 2019  
Invited speaker for training about managing clients with eating disorders, Penn Foundation Behavioral Health, Sellersville, PA
- “These hands don’t hurt”** January 11, 2019  
Invited speaker for school-wide assembly on consent, sexual violence prevention, and bystander intervention, Newtown, PA

<b>“Healing through creativity: The body in LGBTQ+ clients”</b> Co-presenter for workshop at the Renfrew Center Foundation Conference in Philadelphia, PA	<b>November 10, 2018</b>
<b>“Our LGBTQ+ Community: Working towards an affirming society”</b> Co-presenter for workshop at Pennswood Village, a Quaker retirement community in Langhorne, PA	<b>September 19, 2018</b>
<b>“Sexual assault prevention &amp; response”</b> Facilitator of trauma prevention & response workshop for key administrators at the George School in Newtown, PA	<b>August 21, 2018</b>
<b>“Being an active bystander”</b> Workshop facilitator for Conestoga High School peer mediation team during summer orientation, Berwyn, PA	<b>August 7, 2018</b>
<b>“Queering the body: Body image and gender expansive college students”</b> Co-presenter for workshop with the Columbia University Counseling & Psychological Services team, New York, NY	<b>July 25, 2018</b>
<b>“Queering the body: Body image and transgender youth”</b> Co-presenter for the NYC chapter of IAEDP (International Association of Eating Disorders Professionals) in New York, NY	<b>February 2, 2018</b>
<b>“Healing through creativity: Body trauma in LGBTQ+ clients”</b> Co-presenter for Finding Freedom LGBTQ Symposium in Palm Springs, CA	<b>January 26, 2018</b>
<b>“Embodying your identity”</b> Co-presenter for 14th Annual NJ Gay-Straight-Alliance conference conference in Skillman, NJ	<b>November 18, 2017</b>
<b>“Understanding sexuality across identities”</b> Presenter for Bucks County Partners United for Sexual Health annual conference in Bristol, PA	<b>November 9, 2017</b>
<b>“Ethical issues when working with LGBTQ+ clients”</b> Guest lecturer for PsyD students at Holy Family University in Newtown, PA	<b>November 8, 2017</b>
<b>“Our LGBTQ+ community: Working towards an affirming society”</b> Co-presenter for Newtown Friends (Quaker) Meeting in Newtown, PA	<b>October, 29, 2017</b>
<b>“Gender and body image outside of the binary: Working with transgender and gender fluid youth”</b> Co-presenter for National Association of Social Workers of Pennsylvania Annual Conference in Pocono Manor, PA	<b>September 17, 2017</b>
<b>“Gender and body image outside of the binary: Working with transgender and gender fluid youth”</b> Co-presenter for Mazzone Center’s 16th Trans Health Conference in Philadelphia, PA	<b>September 7, 2017</b>
<b>“Being an active bystander”</b> Workshop facilitator for Conestoga High School peer mediation team during summer orientation, Berwyn, PA	<b>August 2, 2017</b>
<b>“Queering the body: Navigating body image and disordered eating with LGBTQ+ clients”</b> Co-presenter for Mental Health America’s 2017 Annual conference in Washington, DC	<b>June 16, 2017</b>
<b>“Gender and body image outside of the binary: Working with transgender and gender fluid youth”</b> Co-speaker for National Eating Disorder Information Centre conference in Toronto, Canada	<b>May 11, 2017</b>
<b>“I wish I was dead: Helping suicidal clients one moment at a time”</b> Workshop facilitator for NASW-PA approved CE-event at Steps to Recovery, Levittown, PA	<b>April 19, 2017</b>
<b>“Becoming a safe space for LGBTQ+ clients”</b> Workshop facilitator for NASW-PA approved CE-event at Steps to Recovery, Levittown, PA	<b>March 15, 2017</b>
<b>“Being an active bystander”</b> Workshop facilitator for Conestoga High School peer mediation team, Berwyn, PA	<b>March 10, 2017</b>
<b>“Eating disorders: Indications and treatment approaches”</b> Workshop facilitator for NASW-PA approved CE-event at Steps to Recovery, Levittown, PA	<b>February 15, 2017</b>
<b>“It happened to me: Working with clients experiencing power-based personal violence”</b> Workshop facilitator for NASW-PA approved CE-event at Steps to Recovery, Levittown, PA	<b>January 18, 2017</b>
<b>“Becoming a safe space for LGBTQ+ clients”</b> Workshop facilitator for sponsored event with NASW-PA Southeast division, Newtown, PA	<b>December 10, 2016</b>
<b>“Queer body, proud body”</b> Workshop co-facilitator for New Jersey Gay-Straight Alliance conference, Perth Amboy, NJ	<b>November 19, 2016</b>

- “A tale of two tigers: Providing care for clients with eating disorders and addiction”** October 9, 2016  
Presentation for NASW-PA annual conference, Valley Forge, PA
- “Creative solutions for individual & group therapy”** October 6, 2016  
Presentation for NASW-PA annual conference, Valley Forge, PA
- “Becoming a safe space for LGBTQ+ clients”** September 30, 2016  
Presentation for Bucks LGBTQ Center and Newtown Therapy & Wellness Center, Newtown, PA
- “Becoming a voice of equality”** March 16, 2016  
Staff presenter for Steps to Recovery clinical training event, Levittown, PA
- “Eating disorders: Indicators and treatment approaches”** April 15, 2015  
Requested presenter for Steps to Recovery clinical staff training event, Levittown, PA
- “Relevant recovery: Creating an environment for change in young adult treatment”** September 25, 2014  
Invited guest lecturer for clinical professionals networking event with West Tennessee Counseling Association in Memphis, TN
- “Relevant recovery: Creating an environment for change in young adult treatment”** August 22, 2014  
Invited guest lecturer for clinical professionals networking event sponsored by Lakeview Health in Jacksonville, FL
- “Understanding addiction and treatment options for college student athletes”** July 16, 2014  
Invited guest speaker for campus professionals associated with the Athletic department, Auburn University, Auburn, AL
- “Relevant recovery: Creating an environment for change in young adult treatment”** March 31, 2014  
Conference lunch note presentation at Innovations in Recovery through Foundations Recovery Network in San Diego, CA. Focus on innovative approaches to addiction recovery work with 18-24 year old male clients/patients.
- “What’s your green dot?”** March 2012  
Conference presentation, focus on power-based personal violence, bystander intervention, and adapting this program to your college or university environment; presented at ACPA in Louisville, KY
- “What is green dot?”** February 2012  
Invited lecturer for nursing students at Vanderbilt University, Nashville, TN
- “What is green dot?”** November 2010  
Invited lecturer for Women’s Health (WGS 240) at Vanderbilt University, Nashville, TN
- “Talking about power-based personal violence: Meeting students where they are”** February 4, 2010  
Presentation at February 2010 WoMeNeT Conference at Tennessee Tech University in Cookeville, TN
- “An introduction to power-based personal violence”** November 2009  
Invited lecturer for Women’s Health (WGS 240) at Vanderbilt University, Nashville, TN
- “Stalking: The invisible crime”** June 11, 2007  
Invited lecturer for the Security Officer Academy hosted at St. Lawrence University, Canton, NY
- “Understanding the Advocates Program”** Spring 2007  
Invited speaker at the St. Lawrence County Domestic Violence Task Force
- “How to help a friend with an eating disorder”** February 2007  
Invited speaker at the Vanderbilt University IMAGE week, eating disorder awareness week, Nashville, TN
- “Rhetorical mayhem: When our words send the wrong messages”** January 24-25, 2007  
Conference presentation at January 2007 Training & Technical Assistance Institute hosted by the California Coalition Against Sexual Assault and the Department of Justice, Office on Violence Against Women, Washington, DC
- “Social problems and sexual violence”** November 2006  
Invited lecturer for Introduction to Sociology at St. Lawrence University, Canton, NY
- “Teen dating violence”** November 2005  
Invited lecturer for Conestoga High School, Berwyn, PA
- “Rhetoric in the movement to end violence against women”** April 2005  
Panelist at the Southeastern Women’s Studies Association at East Carolina State University, Greenville, NC

## Publications

*A clinician’s guide to gender identity and body image: Practical support for working with transgender and non-binary clients*

Co-author; Invited by Jessica Kingsley Publishers to create an accessible guide for clinicians and clinical students working in the fields of eating disorders and transgender health psychology, offering useful tips, constructive case studies, and reflective questions enabling readers to be better equipped in supporting their clients' needs. *Released January 21, 2020.*

***Restricting the gendered body: Understanding the trans-masculine adolescent with anorexia***

Author, online publication April 29, 2020 Clinical Social Work Journal. Doi: 10.1007/s10615-020-00758-9

***Eating disorders and body dissatisfaction***

Co-author of book chapter; Invited contributor to *Fenway Guide to Trans and Nonbinary Health Care*, edited by: Drs. Alex Keuroghlian, Jennifer Potter, & Sari Reisner. *Anticipated release: Early 2021*

## Research Experience

**Understanding the eating disorder treatment experience of trans-feminine clients** **January-December 2020**

Qualitative research project seeking to interview 12-15 trans women regarding their experiences in eating disorder treatment at the inpatient, residential, partial hospitalization, or intensive outpatient levels of care; Received IRB approval in January 2020; Difficulty with recruitment due to pandemic outbreak, results pending

**Restricting the gendered body: Understanding the trans-masculine adolescent with anorexia** **Spring 2019**

Composite case study seeking to highlight the need for concurrent treatment of gender dysphoria, eating disorder, and identity-based trauma for transgender and gender expansive adolescents, including a literature review of this phenomenon to date; Suggests interventions based on the gender minority stress model and the gender affirmative model, adapting both to eating disorder recovery

**EMDR and 12-Step recovery: An evidence-based glimpse into the co-morbid treatment of chemical dependency and trauma** **Spring 2013**

Reviews evidence-based treatment approaches for chemical dependency and trauma, focusing on Eye Movement Desensitization Reprocessing (EMDR) and 12-step recovery treatments offered consecutively or simultaneously while a client is in residential treatment; reviews academic literature on both as well as ordering of treatments for best client outcome

**Policy problem assignment: Mental Health Parity, Addiction Equity and Affordable Care** **Fall 2012**

Critical analysis of the Mental Health Parity and Addiction Equity Act of 2008, Affordable Care Act of 2010, and Medicare Improvements for Patients and Providers Act of 2008 focused on patient access to treatment for chemical dependency and co-occurring disorders

**Applying meditation and social work practice to clients with eating disorder and trauma** **Fall 2012**

An assessment of meditation theory and yoga techniques for addressing a client with co-occurring eating disorder and traumatic experiences; discussion of strengths and weaknesses of theory, recommended intervention techniques, and hypothetical case example

**Single subject research design: Meditation and mindfulness to reduce restrictive eating behavior** **Spring 2012**

A case study reviewing the impact of stress on restrictive eating behaviors in a person with anorexia; focuses on single-subject research design approach to assessment, introducing meditation and mindfulness intervention to reduce restrictive behaviors

**Eating disorder epidemic among women and LGBTQ clients** **Spring 2011**

Critical analysis from feminist perspective of cultural problem of eating disorders among female and LGBTQ clients, including consequences of diversity, discrimination, and oppression; reviews extent of problem among population, focusing on heterosexual women and gay-identified men; social-justice informed policy recommendations to assist in prevention and treatment of eating disorder in identified population

**Sexual violence norms** **2007-2009**

A social norm project at St. Lawrence University, assessing student perceptions about sexual violence

**Misinterpretation, ambivalence, and the importance of communication: A rhetorical analysis of the movement to end violence against women** **2005-2006**

Honors thesis for Women's and Gender Studies; defended in Spring 2006; published internally within the department only

## Teaching Experience

**19:910:507:47: Clinical Assessment and Diagnosis** **November 2020-January 2021**

8-week online course within the Intensive Weekend program of the Rutgers School of Social Work, part-time lecturer; blend of synchronous evening classes, synchronous residency weekend classes, and asynchronous activities; explores major types of emotional distress across the lifespan, including diagnosis, research and social concerns, at-risk groups, and classification trends.

**CSW 19:910:523:90: Working with Survivors of Abuse & Trauma** **Spring 2020, Fall 2020, Spring 2021**

15-week online course within Rutgers School of Social Work, part-time lecturer; exploring social work practice theories and intervention approaches applicable to childhood and adult survivors of physical, sexual, and other forms of abuse and trauma; Online MSW program.

**HBSE 19:910:566:U6: Violence and Abuse in Adulthood****Summer 2020**

10-week online course within Rutgers School of Social Work, part-time lecturer; exploring social work practice theories and intervention approaches applicable to violence and abuse in adulthood: hate crimes, intimate partner violence, stalking and electronic abuse, elder abuse, sexual violence, human trafficking, working with perpetrators, and prevention; Online MSW program.

**COUN 507 NP: Counseling multicultural and diverse populations****Fall 2019, Spring 2020, Spring 2021**

15-week in-person course for Holy Family University's Graduate Program in Counseling Psychology, adjunct faculty member; Introduction to providing competent care to diverse and marginalized client communities, with a focus on race, gender, class, religion, sexual orientation, ability, and immigration status.

**COUN 536 NP: Special topic in counseling psychology: Trauma: Biology, principles and treatment****Fall '17, '18; Sum '20**

15-week in-person course for Holy Family University's Graduate Program in Counseling Psychology, adjunct faculty member; Effects of trauma, assessment, examines current diagnostic methods, controversies, and psychobiology, and provides evidence-based practices for trauma-related issues that include: distress reduction and affect regulation training, cognitive and creative interventions, and emotional processing. Revised for 12-week summer term.

**COUN 557 OL: Human sexuality****Summer 2017, Spring 2018, 2019, 2020**

15-week online course for Holy Family University's Graduate Program in Counseling Psychology, adjunct faculty member; Introduction to sexual concerns, interests, attitudes, and beliefs presented in counseling setting. The focus is to develop skills for counseling related to human sexuality, gender identity and sexual orientation.

**Green Dots Bystander Workshop****2010-2012**

Multi-hour (3 or 6) workshop focused on power-based personal violence, bystander intervention, social norming, peer culture, and intervention strategies; includes overview of sexual assault and rape, dating and domestic violence, stalking, bullying, and other forms of identity-based targeting; offered for students, faculty and staff

**Emerging Leaders****January-March 2008**

A course for first year students at St. Lawrence University, Canton, NY

**AWARE Training****2006-2008**

16-hour course about sexual assault, dating and domestic violence, stalking, historical overview of violence against women, feminist perspectives, LGBTQ and homophobia, campus and community resources, active listening, and bystander intervention

**11 out of 12 Training****2007-2008**

8-hour course about masculinity, gender roles, sexual violence, homophobia, male survivors, dating survivors, and bystander intervention; offered to students and male athletes

**Gender and violence****Spring 2006**

Part-time teaching assistant for service-learning based undergraduate seminar on gender and violence, including sexual assault and rape, dating and domestic violence, stalking, community action, female genital mutilation, and bystander involvement

**Professional Organizations and Memberships****World Professional Association for Transgender Health, Inc. (WPATH)****2018-Present**

Member, accepted into association in January 2018

**International Association of Eating Disorders Professionals (iaedp)****2017-2020**

Member

**Pennsylvania Society of Clinical Social Workers (PSCSW)****2017-Present**

Member

**National Association of Social Workers (NASW)****2011-Present**

Member

**National Eating Disorders Association (NEDA)****2013-Present**

Member

**Eating Disorders Coalition of Tennessee****2009-2014**

Graduate Student Member, volunteer

**Council on Social Work Education (CSWE)****2011-2012, 2019-Present**

Member

**Graduate Student Association (GSA) at MTC-MSW****2011-2013**

Founding member; assist with accreditation process; initiate peer support opportunities for cohort

<b>American College Personnel Association (ACPA)</b> Standing Committee for Women (member, <i>EmpowHer Fellowship</i> ); Standing Committee for LGBT Awareness (member, volunteer); Commission for Counseling and Psychological Services (round table co-facilitator); Commission for Social Justice Educators (member)	2011-2012
<b>Tennessee Coalition to End Domestic and Sexual Violence (TCEDSV)</b> Member; accepted to present at the Rape Prevention Institute in August 2011	2009-2012
<b>National Women's Studies Association (NWSA)</b> Member; accepted to present at the annual conference in November 2011	2011-2012

## Awards and Honors

<b>EmpowHer Fellowship</b> (American College Personnel Association, Standing Committee for Women)	2011-2012
<b>Magna cum laude</b> (Vanderbilt)	May 2006
<b>Muliebrity prize</b> (undergraduate demonstrating leadership in activities that contribute to the achievement, interests and goals of women and girls, or that promote equality)	April 2006
<b>Mortar Board</b>	2005-2006
<b>Phi Eta Sigma and Alpha Lambda Delta</b>	2002-2003
<b>Bryn Mawr College Book Award</b>	2002
<b>Target All-Around Scholarship</b>	2002

## University and Community Service:

DSW Executive Committee (student member, 2020-2021); Bucks Rainbow Allies (member, 2017-2019); Bucks County Partners United for Sexual Health (member, 2017-2019); Voices for Equality committee (member, 2015-2016); Professionals Day Committee at STR (member, 2016); National Eating Disorders Association Walk - Philadelphia, PA (planning committee, 2015); Recovery Fest Nashville (Founding member, vendors chair, 2013-2014); National Eating Disorders Association Walk - Nashville, TN (team leader, 2013-2014); Better Boys and Greater Girls Alliance (president of board, 2014); Eating Disorders Anonymous (facilitator; 2012-present); Wellness Committee at Cumberland Heights (2013); Green Dots Committee (co-chair, 2009-2012); Mary Parrish Center (Board of Directors, 2010-2011); The Morocco Project (program assistant, 2010-2011); Nurse Wellness Committee (member, 2011-2012); First Responders Task Force (member, 2009-2012); Eating Disorders Coalition of Tennessee (volunteer, 2009-2014); Sexual Violence Advisory Board (chair, 2006-2008); Committee for Gender Equity & Sexuality (co-chair, 2006-2008); Wellness Initiative (member, 2006-2008); Security Advisory Committee (2007-2009); Eating Disorder Awareness Week Planning Committee (member, 2006-2009); Student Life Assessment Committee (member, 2007- 2009); Grasse River Players (Board of Directors, 2008-2009); Domestic Violence Task Force (member, 2006-2009); Chancellor's Task Force in Campus Safety & Security (member, 2005-2006)

## Interests:

- LGBTQ+ development and representation; LGBTQ+ experiences of treatment for ED, trauma, and addiction
- Eating disorders, eating disorders as coping mechanism for trauma
- Body image, body dysmorphia, gender dysphoria and eating disorders beyond the binary (transgender and gender-non-confirming clients)
- Trauma, Power-based personal violence prevention and response
- Addictions (alcohol, drug and food), anxiety and mood disorders
- Women's and Gender Studies, gender representation in the media, intersectionality of identities